

# Great Lent Schedule

February 27 – April 7, 2023

*Let us begin the fast with joy!*

*Let us prepare ourselves for spiritual efforts!*

*Let us cleanse our soul and cleanse our flesh!*

*Let us abstain from every passion*

*as we abstain from food!*

*Let us rejoice in virtues of the spirit*

*and fulfill them in love!*

*That we all may see the passion of Christ our God,*

*And rejoice in spirit at the holy Pascha!*

*– from Forgiveness Vespers*

## *Saint Elias*

*Antiochian Orthodox Church*

*Austin, Texas*

## First Week of Great Lent

### **Pure Monday, February 27**

7:00 PM —Great Compline with Great Canon (North Campus)

### **Tuesday, February 28**

7:00 PM —Great Compline with Great Canon (North Campus)

### **Wednesday, March 1**

6:30 PM — Presanctified Liturgy (Both Campuses)

### **Thursday, March 2**

7:00 PM —Great Compline with Great Canon (North Campus)

### **Friday, March 3**

9:30 AM — Presanctified Liturgy (North Campus)

7:00 PM — Akathist Hymn—First Week (North Campus)

### **Saturday, March 4**

10:00 AM — Parish Retreat with Father Bogdan Bucur (North)

5:00 PM — Great Vespers and Confessions (Both Campuses)

### **Sunday, March 5 — Sunday of Orthodoxy (Both Campuses)**

8:30 AM Orthros

9:30 AM Divine Liturgy and Procession with Icons

## Second Week of Great Lent

### **Wednesday, March 8**

6:30 PM — Presanctified Liturgy (Both Campuses)

### **Friday, March 10**

9:30 AM — Presanctified Liturgy (North Campus)

7:00 PM — Akathist Hymn—Second Week (North Campus)

### **Saturday, March 11**

5:00 PM — Great Vespers and Confessions (Both Campuses)

### **Sunday, March 12 — St. Gregory Palamas Sunday (Both)**

8:30 AM Orthros

9:30 AM Divine Liturgy

## Third Week of Great Lent

### **Wednesday, March 15**

6:30 PM — Presanctified Liturgy (Both Campuses)

### **Friday, March 17**

9:30 AM — Presanctified Liturgy (North Campus)

7:00 PM — Akathist Hymn—Third Week (North Campus)

### **Saturday, March 18**

5:00 PM — Great Vespers and Confessions (Both)

### **Sunday, March 19 — Sunday of the Holy Cross (Both)**

8:30 AM Orthros

9:30 AM Divine Liturgy with Procession of the Cross

## Fourth Week of Great Lent

### **Wednesday, March 22**

6:30 PM — Presanctified Liturgy (Both)

### **Friday, March 24**

7:00 PM — Vespers with Akathist Hymn — Fourth Week  
(North Campus)

### **Saturday, March 25 — Feast of the Annunciation (Both)**

9:30 AM Divine Liturgy

### **Sunday, March 26 — St. John of the Ladder Sunday (Both)**

8:30 AM Orthros

9:30 AM Divine Liturgy

## Fifth Week of Great Lent

### **Wednesday, March 29 (North Campus)**

7:00 — Canon of St. Andrew of Crete & Life of St. Mary of Egypt

### **Thursday, March 30**

6:30 PM — Presanctified Liturgy (Both)

### **Friday, March 31**

7:00 PM — Akathist Hymn—Fifth & Final Week (Downtown)

### **Saturday, April 1**

5:00 PM — Great Vespers and Confessions (Both)

### **Sunday, April 2 — St. Mary of Egypt Sunday (Both)**

8:30 AM Orthros

9:30 AM Divine Liturgy

## Sixth Week of Great Lent

### **Wednesday, April 5**

6:30 PM — Presanctified Liturgy (Both)

### **Friday, April 7**

9:30 AM — Presanctified Liturgy (North Campus)

## **Holy Week: April 8-April 16, 2021**

*A separate Holy Week Brochure will give the schedule for Holy Week Services*

# GREAT LENT

## A TIME OF PREPARATION

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**Confession:** Every Orthodox Christian should participate in the Sacrament of Confession at least once during Great Lent and prior to the Holy Wednesday Unction Service and Holy Thursday Divine Liturgy. *Do not neglect this important sacrament of the Church.*

**Fasting:** Great Lent is a traditional time of fasting in the Orthodox Church. The fast should be more intense during the first and fourth weeks of Lent and during Holy Week and in particular on Holy Friday. Fasting and abstinence are important parts of our spiritual preparation. Even if you do not fast any other time of the year, you should make every effort to participate in this time self-denial and spiritual growth.

**Attending the Services:** Every Orthodox Christian should attend as many of the Lenten services as possible. Great Lent only comes once a year. Our participation is a small thing in consideration of what our Lord has done for us.

**Almsgiving:** During Great Lent, we put aside alms for poor and needy people throughout the world as we give to the Food For Hungry People Program of our Archdiocese or other charitable organizations. Let us not forget to give our alms during this important time of the year.

**DONATIONS...** are needed for flowers, candles, incense, etc. during Lent and Holy Week. Special offerings for altar items are also welcomed.